

A holistic approach to helping victims of sexual exploitation

## Key Points

Training: Last year and this year, KAVOD held 16 training courses, some for students and others for Organisations in Austria and Romania.

We also did a seminar about child abuse for children workers from a church. In the Ukrainian Carpathians training sessions with widows and parents of killed soldiers took place.

The topics of our trainings were trauma, secondary trauma and burnout, dysfunctional family systems, communications skills and blessing the body, an approach to work with unresolved trauma. Other trainings were about street work and the system of prostitution, that includes the laws of prostitution in Europe, the clients and the background people working in prostitution.



In the picture you can see a beautiful rainbow over a brothel in Styria.

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Our main goal is not just to impart knowledge to people, although this is very important and helpful, especially for those affected. A woman once said, "I thought I was going crazy, but now I know that I suffer from post-traumatic stress disorder." That was a great relief for her. The main purpose is for people to get in touch with themselves, their bodies, their feelings, their inner children, to experience healing and, of course, to experience Jesus in all of this.

In the training on blessing the body, there is a part where it is said that we bless with our eyes open and we said to a woman, "When we look at you now, we see your chest." The woman nodded vigorously and said that she was having trouble breathing. We asked if we could bless her and asked if she had ever been choked by anyone. She immediately confirmed that she had been choked by her stepfather when she was six years old. This finally gave her a connection to her breathing problems and she immediately felt much better.

**Another key point** is our political work. We are an active member of the **Platform against Exploitation and Human Trafficking**. This platform regularly carries out public relations work in media and events. Last year there was a symposium on "Children and youth as victims of exploitation and child trafficking – Challenges for child protection." > www.gegenmenschenhandel.at

Our *main key point* is *outreach work*. Before Easter, we reached a total of 388 women and some men in Styria and were also out and about in some districts in Vienna. The encounters were always very special and we were able to help a few women get out of prostitution. In Vienna, we go to the women working the streets almost every week and to brothels, Sex-studios and night-clubs at regular intervals.

We are particularly happy about Larissa\*, who left prostitution just a few weeks ago after many years of prostitution. She already has a job in a cleaning company that cooperates with us. It is always a miracle to witness such a transformation.

## Ukraine

In February, Andreas held a bicycle workshop in Ukraine with the organization YouToo, who runs a school and a work with vulnerable children. We brought this organization a total of 140 kilos of donated Lego! Then we went to the village of Staryj Saltiv, that was occupied by the Russians for months and was heavily shelled after their retreat. The people there are very dependent on their bicycles and Andreas repaired several bikes in one afternoon.



This last time while in Ukraine, we were near to Bachmuth and Donetsk, only 20 km from the frontline away. The people are highly traumatized and live in a permanent state of tension. We hope we were able to help them a little and give them courage.

Andreas and Sabine will be traveling to Ukraine again at the end of May. We are very grateful for the financial support from "Hilfe, die ankommt" and are also dependent on your continued support. We are also very grateful for further support for KAVOD. If you are interested in our training courses, get in touch with us and we will send you a whole list of possible courses.

## Thank you for all your support, Sabine and the team of KAVOD

If your donations are intended for Ukraine please add a *note*: Ukraine

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