

# Advent Reflection: Preparing the Way "Prepare the way of the Lord, make his paths straight." (Mark 1:3)

#### Reflection:

Advent is a time of anticipation and preparation. As we await the birth of Christ, we are called to prepare our hearts for justice and healing. This season, let us reflect on the plight of those who are marginalized, oppressed, and suffering from injustice.

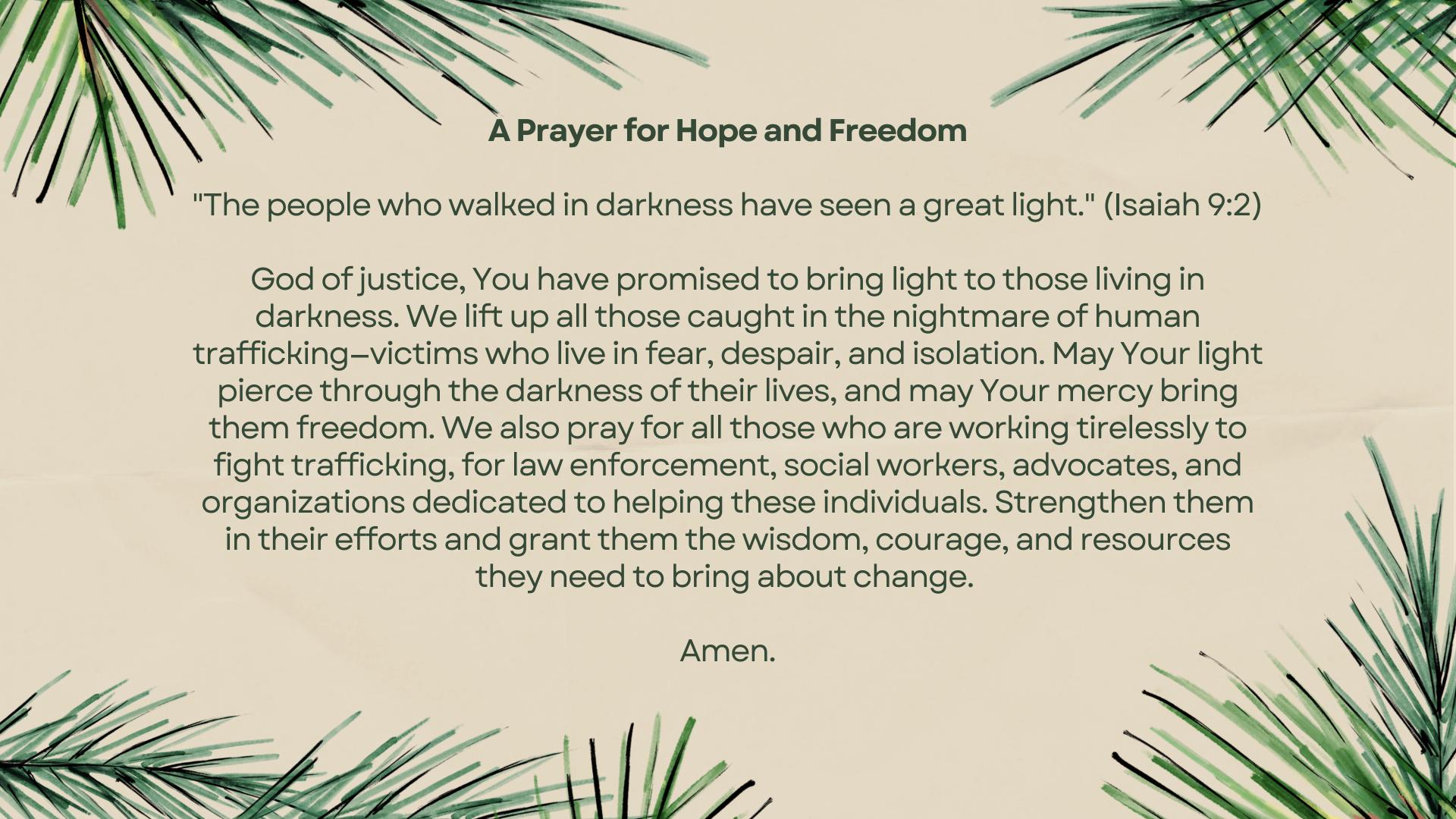
#### Prayer:

Lord, as I prepare my heart to welcome You this Advent, help me to hear the cries of the oppressed and those in chains. Give me the courage to be an instrument of justice and peace, especially for those suffering from human trafficking. May Your light shine on them and guide all those working to bring freedom, healing, and restoration. Amen.

# A Prayer for the Protection of Vulnerable Women and Children

"Speak up for those who cannot speak for themselves, for the rights of all who are destitute." (Proverbs 31:8)

God of justice, we lift up to You all women and children who are at risk of exploitation, trafficking, and abuse. We ask for Your divine protection over them, that they may be kept safe from harm. We pray for the restoration of dignity and worth to every person caught in the web of human trafficking. May they experience Your love and healing, and may their captors be transformed or brought to justice. Strengthen those who work to protect the vulnerable, and equip them with the resources and wisdom they need to combat this grave injustice.



#### Meditation on the Nativity: Christ's Birth and the Call to Justice

As we meditate on the humble birth of Christ, we are reminded that the Son of God entered a world filled with pain and injustice. Born in a stable, far from the comforts of a palace, He came into the world to bring salvation to all, especially those most vulnerable. This Christmas, let us reflect on the fact that Christ's birth in such humble circumstances was a sign of God's deep love for the poor, the oppressed, and the outcast.

#### Prayer:

Jesus, born into a world of suffering and pain, You understand the plight of every person caught in the grip of human trafficking. As we celebrate Your birth, may we remember the suffering of those in the world today who have no voice, no choice, no freedom. Grant us the grace to be Your hands and feet, working for justice, peace, and freedom for all.





# A Prayer for Those Who Work Against Human Trafficking

#### Reflection:

This Advent, let us pray for all those working tirelessly to rescue victims of trafficking, prosecute perpetrators, and rebuild lives. These individuals—social workers, law enforcement officers, advocates, and survivors themselves-are on the front lines in the fight against modern-day slavery. Let us thank God for their commitment to justice and mercy, and ask for His continued strength and support for their work.

Prayer:
Lord of mercy, we thank You for the brave and selfless men and women who dedicate their lives to fighting human trafficking. Bless them with perseverance, wisdom, and courage as they seek to rescue the oppressed, bring perpetrators to justice, and offer healing and hope to those affected. Protect them in their work, and surround them with Your love and grace. We also pray for a deep transformation of systems, hearts, and communities, that trafficking may be eradicated in all its forms.

# Prayer of Intercession for the Jubilee Year

"Proclaim liberty throughout the land to all its inhabitants." (Leviticus 25:10)

The Jubilee Year is a time of liberation, reconciliation, and renewal. As we enter this sacred year, let us pray that the world would experience the liberation Christ came to bring—freedom from sin, oppression, and all forms of bondage.

#### Prayer:

Lord, as we enter the Jubilee Year, we pray for the liberation of all who are trapped in slavery—those suffering in human trafficking, forced labor, and other forms of oppression. May this year be one of profound healing and justice, where Your grace transforms lives and systems. Guide us as we seek to be agents of Your mercy and justice, working toward the freedom of all Your children.

# A Prayer for Peace on Earth and Goodwill to All Glory to God in the highest heaven, and on earth peace to those on whom his favor rests." (Luke 2:14)

#### Prayer:

Lord Jesus, Your birth is the promise of peace and goodwill. As we celebrate Your coming, we ask that You bring peace to all those whose lives are marked by violence, fear, and injustice. Especially, we lift up those trapped in human trafficking—may they know the peace that passes all understanding. We also pray for peace for those who are working to end this terrible injustice, that they may find strength and perseverance in the face of overwhelming challenges.



# A Prayer for Peace on Earth and Goodwill to All

"Glory to God in the highest heaven, and on earth peace to those on whom his favor rests." (Luke 2:14)

#### Prayer:

Lord Jesus, Your birth is the promise of peace and goodwill. As we celebrate Your coming, we ask that You bring peace to all those whose lives are marked by violence, fear, and injustice. Especially, we lift up those trapped in human trafficking—may they know the peace that passes all understanding. We also pray for peace for those who are working to end this terrible injustice, that they may find strength and perseverance in the face of overwhelming challenges.



# A Prayer for Global Action Against Trafficking

Human trafficking is a global issue, but God calls us to act wherever we are. Whether through prayer, advocacy, or support for those on the front lines, each of us has a role to play. This Christmas, let us ask God to inspire our hearts and minds to take action in whatever way we can.

## Prayer:

Lord of justice, we pray for global action to end human trafficking. Move the hearts of governments, organizations, and individuals to work together to eliminate this evil.

Open our eyes to the ways we can make a difference—whether through raising awareness, supporting victims, or advocating for change. Guide us in our efforts to build a world where every person is treated with dignity and respect.

## A Prayer for the Coming of Christ: The Hope of Freedom

"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim freedom for the prisoners." (Luke 4:18)

Christ, the Hope of the World, we await Your coming with great anticipation. You came to bring freedom to the captives, healing to the broken, and hope to the hopeless. As we wait for Your return, may we continue Your work on earth. We pray for all those imprisoned by trafficking, that they may experience the freedom You promise. We pray for all who are working to set them free, that they may find strength and success in their efforts. May Your light and Your love shine in even the darkest places.